



## 2015/16 OVERVIEW

Residents	138
Staff	150

## SUITE TYPES

Studio	98
Memory Care	40
Market Rentals	30
Affordable Living Suites	32

- Saint-Thomas
- Saint-Thomas, Independent Living

## AMENITIES

- private rooms with ensuite washroom and shower
- multi-purpose space
- spa/tub rooms
- on site parking
- large dining rooms and comfortable sitting areas
- patios
- laundry rooms
- courtyards (secure and non-secure)
- hair salon
- walking paths and garden areas

## RESIDENT SERVICES

- assistance with daily activities, personal care and medication
- meals and snacks
- housekeeping services
- entertainment and enrichment activities, and access to spiritual care
- 24-hour care provided by licensed practical nurses and health care aides under the direction of a registered nurse
- 24-hour personal response system
- optional laundry and hair salon services



Carmen Maisonneuve and her husband Gerard stop to look closely at the mural being painted on the wall of the dementia cottage where Gerard lives. The mural camouflages the doorway.

## ART AND CULTURE COMBINE TO HELP DEMENTIA RESIDENTS

Carmen Maisonneuve visits her husband Gerard every day at Covenant Care Saint Thomas, a care centre located in the heart of Edmonton's Francophone community. Gerard is a resident in one of the dementia cottages. A new mural that covers an entire wall on the unit is now a favorite stop for the couple on their daily walk.

"He (Gerard) finds everything really interesting, so we stop at the painting and I point things out," says Carmen Maisonneuve. "I think it is really nice."

The mural of a library scene is not only beautiful and engaging for residents, its purpose is to camouflage the door. When dementia patients see a door they often want to leave and can become anxious when it is locked for their safety. At Covenant Care Saint Thomas, it is hoped the painting will distract their attention to something more calming.

"I am going to put the books with brightest colours and with Francophone themes in the corners," says artist Gabrielle Bujold. "I want to draw the residents attention away from the door with things I hope will spark memories for them and they will enjoy."

Gabrielle has painted many outdoor and indoor murals and even a library scene before, but never for such a special audience.

"My work has to mean something, I am not 18 anymore," says Gabrielle. "When I see those moments when they (residents) are totally happy, it is totally worth it. It reminds me that they were once young people with incredible lives and that is what I would like to put up there."

Gabrielle is well known in the Francophone community so when it came to selecting an artist to paint the mural, Marc Arnal from the Saint Thomas Community Board says she was easy choice. "We asked around for recommendations and the same name kept coming back, it was always Gabrielle Bujold."

The \$3000 project is funded by the Éric Préville Personal Trust, which is dedicated to the health of seniors, with matching dollars coming from Covenant Care.