



2014/15 OVERVIEW

Residents	138
Staff	150

SUITE TYPES

Studio	98
Memory Care	40
Market Rentals	30
Affordable Living Suites	32

- Saint-Thomas
- Saint-Thomas, Independent Living

AMENITIES

- private rooms with ensuite washroom and shower
- multi-purpose space
- spa/tub rooms
- on site parking
- large dining rooms and comfortable sitting areas
- patios
- laundry rooms
- courtyards (secure and non-secure)
- hair salon
- walking paths and garden areas

RESIDENT SERVICES

- assistance with daily activities, personal care and medication
- 24-hour care provided by licensed practical nurses and health care aides under the direction of a registered nurse
- meals and snacks
- 24-hour personal response system
- housekeeping services
- optional laundry and hair salon services
- entertainment and enrichment activities, and access to spiritual care

Retired nun continues pastoral work at Saint-Thomas

A few years ago, Sister Pauline Magnan retired — but only on paper. “I cannot do nothing just because I’m retired,” she says. “And I feel I can still offer something.”

So when she moved to Edmonton in 2014, she was eager to contribute to her new community. After attending mass at a local parish, Magnan learned about an opportunity to minister to residents at Covenant Care’s Saint-Thomas Health Centre. Now she spends every Tuesday morning conducting services at the residence.

“I reach out to them by bringing communion and visiting a bit with people,” she says. “But they also minister to me by being the kind of people they are, and by their attitudes and qualities of being. That does me good.”

Raised in Beaumont, Magnan is Franco-Albertan and also a member of Les Filles de Jesus, a congregation of mainly French-speaking Catholic sisters. But at St. Thomas, she conducts a 10 a.m. communion service in English. Afterwards, she visits with residents and offers communion in the rooms of those who aren’t up for attending a group service.

“This means a lot to the centre’s residents,” says Site Leader Joanne Dusterbeck. “For a lot of our residents, expressing their faith is very important. So when they find someone who gives them some comfort, like Sister Pauline, it’s an important thing for continuing their religious practice.”

But it’s much easier when they can practice their religion from home. That’s why the centre offers opportunities for residents to worship without leaving the site. “Covenant Care offers holistic care to our residents and spirituality is a part of that,” says Joanne.



Serving with compassion: Sister Pauline Magnan continues to bring communion to residents at Saint-Thomas Health Centre even in her retirement years.