



## OVERVIEW

- Supportive Living

## SUITE TYPES

Studio	182
Couples suite	16
Memory care	52

## AMENITIES

- private rooms with ensuite washroom and shower
- multi-purpose space
- spa/tub rooms
- chapel
- large dining rooms and comfortable sitting areas
- ample parking
- laundry rooms
- patios
- hair salon
- courtyards (secure and non-secure)
- walking paths and garden areas

## RESIDENT SERVICES

- assistance with daily activities, personal care and medication
- 24-hour care provided by licensed practical nurses and resident assistants under the direction of a registered nurse
- meals and snacks
- 24-hour personal response system
- housekeeping services
- optional laundry and hair salonservices
- entertainment and enrichment activities, and access to spiritual care

## What's in a name?

The Covenant Care Board of Directors announced on September 8, 2016 that the new Covenant Care community in the Redstone neighbourhood of northeast Calgary will be called St. Teresa Place in honour of Mother Teresa, who was declared St. Teresa of Calcutta on September 4, 2016.

“St. Teresa’s unwavering calling to practice love and mercy and her challenge to each of us to do small acts with great love is at the heart of Covenant Care’s mission and culture. Like St. Teresa, Covenant Care is committed to building caring communities where everyone is welcomed and loved.

St. Teresa, who died in 1997 was the recipient of the Nobel Peace Prize. She was a courageous and steadfast leader. Humility, simplicity, and sacrifice are the terms most often associated with her leadership and her work. She founded the Missionaries of Charity in Calcutta, which grew to over 4,500 sisters in 133 countries. Today, her followers serve the poorest of the poor in hospices, homes, clinics, soup kitchens, orphanages, schools around the world.

## Covenant Care

Covenant Care is a member of the Covenant family of organizations, Canada’s largest Catholic provider of health care. Rooted in the 150-year legacy of the congregations of Sisters who founded health care in Alberta, Covenant Care was established in 2013 to meet the growing need for seniors care and services in Alberta.

## Living at St. Teresa Place

St. Teresa Place located at 10 Redstone Place NE in Calgary. The 250-suite supportive living community will provide a safe and peaceful home for 52 individuals needing specialized dementia care-offering main floor living space with direct access to secure garden areas. Another 198 individuals requiring supportive care will make their homes in the spacious and light-filled individual and couple’s suites in the four-storey centre.

