



Covenant
Living



Covenant
Care

memo

Date: March 10, 2020
To: Residents and Families - All Covenant Care Sites
From: Jo Ann Molloy – Vice President, Resident Experience
Re: COVID-19

Dear Residents and Families,

There are now seven confirmed cases of the virus in Alberta. These individuals are all recovering in isolation at home with support from public health officials.

- The current risk of being exposed to COVID-19 in Alberta is low.
- The most important measure that Albertans can take to prevent COVID-19 is to practice good hygiene.
 - This includes cleaning your hands regularly, avoiding touching your face, coughing or sneezing into your elbow or sleeve, disposing of tissues appropriately, and especially staying home and away from others if you are sick.
 - If you are sick, do not visit loved ones in hospitals, supportive living care facilities, or long-term care facilities. People in these locations are at the highest risk of complications from both influenza and COVID-19.

Covenant Care is monitoring the situation closely and is following all recommendations of Alberta Health Services and the Medical Officer of Health. Staff have been trained in proper hand hygiene and are trained and have access to the use of Personal Protective Equipment where appropriate. Staff are aware that if they are feeling ill they must remain at home.

If you are not feeling well, have a fever, cough or other influenza like illnesses do not visit your loved one in our home.

For further information about COVID 19 please visit albertahealthservices.ca

Thank you.