

resident, family, and staff update

May 7, 2021

Dear families, residents, and staff,

We have a few updates we would like to share with you ahead of this Mother's Day weekend.

Visitation

Last week, the Chief Medical Officer of Health released CMOH Order 16-2021 outlining changes in visitation for continuing care residents. There are three main aspects to the changes:

- An increase in the number of designated family/support persons from two to four people per resident and with the option to name minors as a designated family/support persons
- An allowance for indoor visitation, including in resident rooms, of up to four individuals from the same household, space permitting and an allowance for one visitor in common areas
- The option for outdoor visitation for up to ten visitors, space permitting, who can safely physically distance

An important provision outlined in the order is that 51% of residents must indicate agreement and comfort with permitting indoor visitation. This is based on their understanding of the potential risks involved in more people entering our centres and going onto units. Each of our centres surveyed residents and the results vary from site to site. You will receive an update from your centre to let you know what residents decided and how changes in visitation practices will proceed to ensure safety.

Hair Salons

Alberta Health Services has confirmed that hair salons at our centres can continue operating by appointment only and for the following select hygiene services: hair washes, haircuts, and hair drying. No other services are permitted at this time and likely until the extended restrictions announced by the provincial government are lifted. Please note that the hair salons that operate in Covenant Care and Covenant Living centres are for residents only.

Mother's Day

Spring in Alberta marks a day where we celebrate our moms and mother figures. The women who nurtured and guided us through the infancy and the terrible twos, puberty and the teenage years, and well into adulthood. Whether your mom is by your side, on the other side of the country, in a different country altogether, or in heaven, let us bask in the awe-inspiring courage and humour moms bring to our lives.

Take Good Care

Please take very good care of yourselves and your families. The sharp increase in positive COVID cases in Alberta is worrisome. Please continue to follow all public health protocols, including making sure that you limit your close contacts only to those who live in the same household as you. Please also get immunized, if you haven't already. You can book your appointment by calling 811 or your local pharmacy.

As always, please contact your Site Administrator with questions or send them to us at admin@covenantcare.ca. Daily updates for our centres is located on [covenantcare.ca](https://www.covenantcare.ca).

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