

family, resident, and staff update

January 11, 2022

COVID-19 OUTBREAK UPDATE

Dear Saint Thomas families, residents, and staff,

We are updating you today as to the outbreak at Saint Thomas. We currently have three (3) confirmed Covid Positive Residents on the 3rd Floor. We also have eight (8) Covid Positive staff members who are currently isolating.

Alberta Health Services Communicable Diseases has mandated three important protections, across the entire centre, to minimize risk of transmission:

Visitation—Only the two designated support persons, as previously identified, can visit. If you are a designated visitor and you are not feeling well, even if you are experiencing mild symptoms, please delay your visit until your symptoms have resolved. The designated visitors cannot change for the duration of the outbreak – if you are the decision maker and want it different then last outbreak please contact the front desk to have it changed. We will no longer be offering unvaccinated visitor visiting access to the main floor family room during the outbreak and encourage scheduled virtual visits through our Recreation Therapist, Ravneet Kaur (RavneetKaur@sehc.com)

Dining – All residents on the 3rd Floor, as well as any other symptomatic residents, will be receiving their meals within their suites.

Recreation Activities – All group recreation activities are going to be restricted. Recreation Activities that can be completed 1:1 while following masking guidelines and physical distancing will continue to take place.

Our team is responding with calm, care, and confidence. We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring your loved ones very closely.

Outbreak status will be updated at covenantcare.ca by 6 pm every Tuesday and Thursday.

Please do all you can to stay healthy and well. All Albertans over the age of 18 are eligible to receive the COVID booster dose. Speak with your local pharmacy or call 811 to book an appointment. Immunization continues to be the most important way that we can decrease risk of severe impact of the virus. Please also remember to keep your close interactions to those who live in your household. Omicron is highly transmissible and the more interactions we have the more likely it is to spread.

Please direct questions to Leanne Gugenheimer, Site Administrator, at 780-450-2987 or email admin@covenantcare.ca.

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