

family, resident, and staff update

October 29, 2025

Outbreak Declared: Parainfluenza Virus type 3 **North Cottage**

Dear St. Thomas families, residents, and staff,

We learned today, October 29th that two (2) residents have tested positive for parainfluenza virus type 3 in North Cottage.

As precautionary measures, we have:

- Residents with symptoms have been isolating and their meals, snacks provided to them in their rooms and continue to be monitored frequently.
- Mandatory continuous eye protection (eye shields) and masking is required PPE (Personal Protective Equipment) supplied in North Cottage.
- Visitors are not restricted, but asked to check with the Nursing Station in North Cottage before visiting for donning and doffing PPE.
- Initiated frequent and regular hand hygiene.
- Enhanced cleaning of all spaces within North Cottage has been implemented and will continue while on outbreak.
- Laundry facilities have been designated for those on isolation.
- Activities will continue through our Recreation department but will be limited to the North Cottage to decrease any exposure to others or other floors.
- Staff being cohorted to the North Cottage.

We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Assisted Living Alberta. We are monitoring residents very closely.

As with previous outbreaks, the outbreak status will be updated at covenantcare.ca by 6 pm every Thursday. Please direct questions to me at 780-450-2987 ext. 244 or email admin@covenantcare.ca.

Thank you for your continued support, patience, and understanding.

Leanne Gugenheimer
Site Administrator

