

family, resident, and staff update

December 1, 2025

GI Outbreak-3rd floor

Dear St. Thomas families, residents, and staff,

We learned Nov. 29th that three residents on the 3rd floor had GI (Gastro-Intestinal) symptoms diarrhea and/or vomiting. These residents have been isolating. Today, Dec. 1st, St. Thomas' 3rd floor has been declared on GI outbreak on the 3rd floor.

As precautionary measures, we have:

- Insisted on increased hand hygiene for all residents, staff and visitors.
- High touch environmental cleaning and disinfection has increased to three times daily.
- For residents with symptoms who are isolating in their rooms, resident meals and snacks are served by tray service.
- Resident recreation programs on 3rd floor have been cancelled until the outbreak is over
- Visitation can occur, but family members and guests are asked to check in to the Nursing Station on 3rd floor before the visit for updates and instruction. Family and visitors are asked to wash hands preferably with soap and water, and mask prior to and after leaving the floor.
- Admissions, transfers and discharges are postponed for 3rd floor until the outbreak is over

We are doing all we can to contain the GI outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring residents very closely.

As with previous outbreaks, the outbreak status will be updated at covenantcare.ca by 6 pm every Thursday. Please direct questions to me at 780-450-2987 ext. 244 or email admin@covenantcare.ca.

Thank you for your continued support, patience, and understanding.

Leanne Gugenheimer
Site Administrator