

# family, resident, and staff update

Dec. 24, 2025

## Influenza-like Illness (ILI)-2<sup>nd</sup> & 4<sup>th</sup> floors

Dear St. Thomas families, residents, and staff,

**We learned late this morning that St. Thomas 2<sup>nd</sup> & 4<sup>th</sup> floors are declared on outbreak with four residents on 4<sup>th</sup> floor and three residents on 2<sup>nd</sup> floor experiencing influenza-like illness.**

As precautionary measures, we have:

- placed those symptomatic residents on isolation and we are closely monitoring all residents and staff for signs of illness
- isolating residents will receive all snacks and meals in disposable containers through tray service in their rooms
- mandatory masking is required for all staff and visitors on 2<sup>nd</sup> & 4<sup>th</sup> floors
- please practice enhanced hand hygiene at all times
- staff members are now being cohorted to the affected 2<sup>nd</sup> and 4<sup>th</sup> floor with separate temporary arrangements of a staff room in the lounges
- immediately added additional high touch cleaning measures
- 4<sup>th</sup> floor independent living residents dining in the 4<sup>th</sup> floor dining room are offered tray service in their suites
- 4<sup>th</sup> floor signage of outbreak notification is in place for independent living residents
- visitors are asked to stop in to the nursing stations on 2<sup>nd</sup> floor and 4<sup>th</sup> floor to receive an update on their loved on prior to entering, and advised on any PPE requirements (donning and doffing) while visiting over Christmas
- Recreation programs on the affected floors will be focusing in on one on one visits

We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring residents very closely.

As with previous outbreaks, the outbreak status will be updated at [covenantcare.ca](https://covenantcare.ca) by 6 pm every Thursday. Please direct questions to me at 587-338-4575 or email [admin@covenantcare.ca](mailto:admin@covenantcare.ca).

Thank you for your continued support, patience, and understanding.

Leanne Gugenheimer  
Site Administrator