

family, resident, and staff update

Dec. 24, 2025

Influenza-like Illness (ILI)-2nd & 4th floors

Dear St. Thomas families, residents, and staff,

We learned late this morning that St. Thomas 2nd & 4th floors are declared on outbreak with four residents on 4th floor and three residents on 2nd floor experiencing influenza-like illness.

As precautionary measures, we have:

- placed those symptomatic residents on isolation and we are closely monitoring all residents and staff for signs of illness
- isolating residents will receive all snacks and meals in disposable containers through tray service in their rooms
- mandatory masking is required for all staff and visitors on 2nd & 4th floors
- please practice enhanced hand hygiene at all times
- staff members are now being cohorted to the affected 2nd and 4th floor with separate temporary arrangements of a staff room in the lounges
- immediately added additional high touch cleaning measures
- 4th floor independent living residents dining in the 4th floor dining room are offered tray service in their suites
- 4th floor signage of outbreak notification is in place for independent living residents
- visitors are asked to stop in to the nursing stations on 2nd floor and 4th floor to receive an update on their loved one prior to entering, and advised on any PPE requirements (donning and doffing) while visiting over Christmas
- Recreation programs on the affected floors will be focusing in on one on one visits

We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring residents very closely.

As with previous outbreaks, the outbreak status will be updated at covenantcare.ca by 6 pm every Thursday. Please direct questions to me at 587-338-4575 or email admin@covenantcare.ca.

Thank you for your continued support, patience, and understanding.

Leanne Gugenheimer
Site Administrator