

family, resident, and staff update

February 13, 2026

Influenza-like Illness (ILI) OUTBREAK **3rd Floor & 4th Floor**

Dear St. Thomas families, residents, and staff,

On February 12th we learned that 1 resident on the 3rd Floor had tested positive for Influenza-like Illness (ILI), with another resident waiting on swab confirmation, **and today Feb. 13th there are an additional 3 residents on the 4th Floor who are symptomatic and isolating. Due to this the 4th floor is declared on ILI Outbreak.**

As precautionary measures:

- Residents may continue to receive visitors. All 3rd & 4th floor visitors are required to have visits in resident's suites vs common areas and wear face masks. Visitors, please consult the Nursing Station for PPE donning and doffing requirements.
- Staff need to wear a mask and have continuous eye protection on 3rd & 4th floors.
- Increased hand hygiene and hand washing.
- Residents with symptoms are placed on isolation.
- Meal tray service and snacks will be provided for residents on isolation using disposable plates and cutlery.
- Enhanced high touch cleaning 3 times daily.
- Cohorting staff may be combined to the 3rd & 4th floors and the lounges on 3rd & 4th floor will be temporarily a staff room.
- Pausing 3rd floor hair salon services and group recreation activities, increasing one to one visits for isolating residents..

We are doing all we can to contain the outbreak, working closely with our zone's Medical Officer of Health and Alberta Health Services. We are monitoring residents very closely. As with previous outbreaks, the outbreak status will be updated at covenantcare.ca by 6 pm every Thursday. Please direct questions to me at 780-450-2987 Ext. 244 or email admin@covenantcare.ca.

Thank you for your continued support, patience, and understanding.

Leanne Gugenheimer, Site Administrator

