

# Covenant

## Resident, Family, and Staff Update

September 29, 2026

Dear St. Teresa Place Residents, Families, and Staff,

We are writing to provide you with an important update regarding the community. We have learned that 3 residents have Influenza-Like Illness (ILI) symptoms – 2 in Joy East (on outbreak) and 1 in Grace East (not on outbreak). As a result, the Public Health Authority has **declared a confirmed Influenza-Like Illness (ILI) outbreak** in this area.

We have implemented immediate measures to reduce the risk of further spread and are closely following the direction of the Public Health Authority. These measures include the following:

### For Residents

- Affected residents will be isolated in accordance with Public Health Authority additional precautions guidelines and will remain in their rooms. Meals will be provided via tray service.
- Residents in Joy East and Grace East will be monitored for symptoms. Any additional residents who develop symptoms will also be isolated, and appropriate additional precautions will be implemented.
- Residents who feel unwell are encouraged to notify staff immediately.

### For Families

- We encourage families to stay connected with their loved ones through telephone or virtual means while additional precautions are in place.
- Visitors to isolated residents will be required to wear the appropriate personal protective equipment (PPE). Please continue to follow infection prevention and control practices, including performing hand hygiene before, during, and after your visit.
- Families are encouraged to remain up to date with influenza and COVID-19 vaccinations.

We will continue to provide updates as new information becomes available or as guidance from the Public Health Authority changes. Thank you for your understanding, cooperation, and continued support as we take these necessary steps to protect the health and safety of our residents, families, and staff.

Sincerely,

Allison Sinclair-Graham  
Resident Care Manager  
Covenant- St Teresa Place